**《国家学生体质健康标准》登记卡(大学样表）**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | | | | | | | | | | | | | | | | | | **学 校** | | | | |  | | | | | | | | |
| **姓 名** |  | | | | | **性 别** | | |  | | | | | | | | | **学 号** | | | | |  | | | | | | | | |
| **院（系）** |  | | | | | **民 族** | | |  | | | | | | | | | **出生日期** | | | | |  | | | | | | | | |
| **单项指标** | | **大一** | | | | | **大二** | | | | | | **大三** | | | | | | | **大四** | | | | | | | | **毕业成绩** | | | |
| **成绩** | **得分** | | **等级** | | **成绩** | **得分** | | | **等级** | | **成绩** | **得分** | | | **等级** | | | **成绩** | | **得分** | | | | **等级** | | **得分** | | **等级** | |
| 体重指数（BMI）（千克/米2） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |  | |  | |
| 肺活量（毫升） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |
| 50米跑（秒） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |
| 坐位体前屈(厘米） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |
| 立定跳远（厘米） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |
| 引体向上（男）/  1分钟仰卧起坐(女)（次） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |
| 1000米跑（男）/  800米跑(女)（分·秒） | |  |  | |  | |  |  | | |  | |  |  | | |  | | |  | |  | | | |  | |
| **标准分** | |  | | | | |  | | | | | |  | | | | | | |  | | | | | | | |
| **加分指标** | | **成绩** | | **附加分** | | | **成绩** | | | **附加分** | | | **成绩** | | **附加分** | | | | | **成绩** | | | | | **附加分** | | |
| 引体向上（男）/  1分钟仰卧起坐(女)（次） | |  | |  | | |  | | |  | | |  | |  | | | | |  | | | | |  | | |
| 1000米跑（男）/  800米跑(女)（分·秒） | |  | |  | | |  | | |  | | |  | |  | | | | |  | | | | |  | | |
| **学年总分** | |  | | | | |  | | | | | |  | | | | | | |  | | | | | | | |
| **等级评定** | |  | | | | |  | | | | | |  | | | | | | |  | | | | | | | |
| **体育教师签字** | |  | | | | |  | | | | | |  | | | | | | |  | | | | | | | |  | | | |
| **辅导员签字** | |  | | | | |  | | | | | |  | | | | | | |  | | | | | | | |  | | | |
| 注：高等职业学校、高等专科学校参照本样表执行。 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | | | | | | | | | | | | 学校签章： | | | |  | | |  | |  | | | 年 | | | 月 | | 日 | |  |